



The Ultimate Wellness Challenge

Schools Order Form

for FREE Team Nutrition MyPyramid Materials



Materials for Middle Schools

QTY. _____ **MyPyramid Poster** (USDA 169) - **LIMIT: 2***

This 25½" x 33" poster contains the new *MyPyramid* graphic and healthy eating messages. The graphic identifies the five food groups and provides healthy eating messages relating to each of these groups. It provides daily food amounts, based on a 2,000-calorie diet.

QTY. _____ **MyPyramid Mini-Poster** (USDA 167) - (packages of 25) - **LIMIT: 10 packages***

This is an 8½" x 11" version of the *MyPyramid* poster with the graphic on one side and healthy eating messages on the reverse side.

Materials for Elementary Schools

QTY. _____ **MyPyramid for Kids Poster** (USDA 116) - **LIMIT: 2***

This 2-sided, 24" x 36" poster contains the new *MyPyramid for Kids* graphic. Choose the side that is most appropriate for your students. One side of the poster, suitable for young children, highlights a simplified *MyPyramid for Kids* graphic. The other side, appropriate for more advanced students, features both the *MyPyramid for Kids* graphic and healthy eating and physical activity messages.

QTY. _____ **Tips for Families** (USDA 171) - (packages of 25) - **LIMIT: 10 packages***

This is an 8½" x 11" flyer includes the *MyPyramid for Kids* graphic and messages on one side and eating and physical activity tips on the other.

*If you have a large event planned and need more materials, email us at teamnutrition@fns.usda.gov.

Mail the materials to:

Name: _____
(Please Print)

Street Address: _____
(No P.O. Boxes) (Please Print)

City: _____ State: _____ Zip: _____

Phone: _____ Fax: _____

Return this form to Team Nutrition via:

1. Email - send this order form as an attachment to: teamnutrition@fns.usda.gov
2. Fax to: 703-305-2549

*Available while supplies last. Allow 2-4 weeks for delivery.